



## Kit List – General

### Kit List for most Scout Camps:

- Ruck sack or good backpack (must fit all gear)
- Sleeping bag (good to minus 5)
- Sleeping bag liner (fleece) if temperature is expected to be colder than -5)
- Air mattress or insulating foamie
- warm socks (2 wool & 2 sport)
- underwear (2 pair)
- hiking boots (min. running shoes) or waterproof footwear
- pants (2 pair – **no jeans**)
- shirts (2)
- sweater
- rain pants
- rain jacket
- hat & toque (toque is important for sleeping in for warmth)
- gloves (2 pair)
- toiletries kit
- sleeping attire
- flashlight or head lamp
- Knife, 6" or less, **locking blade**
- Canteen or water bottle
- Mess Kit – Plate, bowl, cup, mug, cutlery
- Emergency Kit
- Medications if required (include note from parents explaining medication and dosage)

Other Recommended Items (some can be provided from group equipment so these are not absolutely necessary, but are recommended)

- Matches, wooden
- String or Twine
- Garbage bags
- Tarp

### Items **NOT** permitted

- Electronic items such as gameboys or cell phones
- Items that are illegal in nature
- Pyrotechnics of any kind
- Items of value